

8 Days 7 Nights Nepal

8天7晚尼泊尔超值特惠游

Kathmandu | Pokhara | Nagarkot | Himalayas

加德满都 · 博卡拉 · 纳加阔特 · 喜马拉雅

STARTS FROM
S\$2,459*起

尼泊尔：喜马拉雅山下的心灵净土

Nepal: Find Peace Beneath the Himalayas

Nepal is where the world's highest peaks meet its gentlest smiles. This charter journey carries you from the golden stupas of Kathmandu to the lakeside serenity of Pokhara, where the Annapurna and Fishtail ranges rise like a wall of snow against the sky.

Watch sunrise gild the Himalayas from Sarangkot. Trek through terraced fields and Gurung villages to Dhampus, where mountain vistas unfold with every step. Take a soul-lifting hike to the World Peace Pagoda, unwind with singing bowl therapy, and greet the day with sunrise yoga in the shadow of the Annapurnas. In Nepal, every valley holds a blessing.

尼泊尔，是世界最高峰与最温暖笑容相遇的地方。这趟包机之旅带您从加德满都的金色佛塔，走进湖畔宁静的博卡拉——安纳普尔纳峰与鱼尾峰如雪墙般矗立天际。

在萨朗科特观赏喜马拉雅日出染金雪峰；穿越梯田与古隆族村落，徒步前往丹普斯村，每一步都收获壮丽山景；登上世界和平塔感受心灵洗涤；体验颂钵音疗，舒缓身心；在安纳普尔纳山脚下，以一场日出瑜伽迎接崭新一天。在尼泊尔，每一座山谷都藏着一份祝福。



Why Choose This Journey 为什么选择我们



30-Min Scenic Flight,
Pokhara to Kathmandu
博卡拉飞加德满都30分钟观光航班



Sunrise Yoga Session in Pokhara
博卡拉日出瑜伽体验



Soul-Lifting Hike to
World Peace Pagoda
徒步世界和平塔，心灵洗涤



Singing Bowl
Therapy Treatment
颂钵音疗体验



100% Meals – Tibetan, Thai,
Western & Chinese
全程餐食含藏式、泰式、西式及中式料理



Nepalese Dinner with
Cultural Show
尼泊尔传统晚宴配文化表演



Itinerary Overview 行程速览



D1

Singapore / Kuala Lumpur → Kathmandu | 新加坡/吉隆坡 — 加德满都

Warm Nepali welcome upon arrival in Kathmandu.
抵达加德满都，感受当地热情欢迎。

D2

Kathmandu | 加德满都

UNESCO sites – Boudhanath Stupa, Pashupatinath Temple & singing bowl therapy.
博达哈大佛塔、帕斯帕提那神庙，体验颂钵音疗。

D3

Kathmandu – Pokhara | 加德满都 — 博卡拉

Scenic drive to lakeside Pokhara, framed by Himalayan peaks.
驱车前往湖畔博卡拉，喜马拉雅雪山相伴。

D4

Pokhara | 博卡拉

Sunrise at Sarangkot, Devi's Falls, World Peace Stupa & boat ride on Phewa Lake.
萨朗科特日出、戴维瀑布、世界和平塔与湖上泛舟。

D5

Pokhara | 博卡拉

Soul-lifting hike through terraced fields to Dhampus village & Kalika Temple.
徒步梯田古隆族村落，探访丹普斯村与卡利卡神庙。

D6

Pokhara – Kathmandu – Bhaktapur – Nagarkot |

博卡拉 — 加德满都 — 巴克塔普尔 — 纳加阔特

Scenic flight, Bhaktapur Durbar Square & Himalayan sunset at Nagarkot.
观光航班、巴克塔普尔杜巴广场，纳加阔特喜马拉雅山景。

D7

Nagarkot – Kathmandu | 纳加阔特 — 加德满都

Sunrise yoga, Kirtipur heritage town & shopping at Thamel Street.
日出瑜伽、基尔蒂布尔古城，泰米尔街购物之旅。

D8

Kathmandu → KL/Singapore | 加德满都 — 吉隆坡/新加坡

Free time before your transfer to the airport for your flight home.
自由活动，随后前往机场返程回家。



Inclusions 包含项目

- ✓ Entrance tickets & experience activities
景点门票及体验活动
- ✓ Meals as per itinerary (100% Tibetan, Thai, Western & Chinese cuisine)
行程所列餐食 (含藏式、泰式、西式及中式料理)
- ✓ English-speaking guide
英语导游服务
- ✓ Air-conditioned coach & 30-min scenic domestic flight (Pokhara-Kathmandu)
全程空调旅游车及博卡拉至加德满都
30分钟观光航班
- ✓ 7 Nights Hotel Stay
(twin-sharing with breakfast)
7晚酒店住宿, 两人一室含早餐

REMARKS 备注

1. Travellers must complete their own check-in at Kathmandu airport as guides are not permitted airtside.
因当地规定, 导游无法进入加德满都机场, 旅客需自行办理登机手续。
2. Tour is conducted in English unless otherwise specified.
导游全程以英语讲解, 除非另有说明。
3. Itinerary sequence may be adjusted due to local conditions; accommodation subject to availability.
行程游览顺序将根据实际情况调整, 酒店住宿视供应情况而定。
4. Different tour groups may be merged; all flights are subject to change.
不同团体可能合并成一团, 所有航班均有可能变更。

\$2,459* Price before tax 税前价

Min. Group Size: 20 pax

成团人数: 20人



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联合假期